Primary School Menu 2023 £2.40 per day

2023	Week 1 Week Commencing: 12th June, 3rd July, 24th July	Week 2 Week Commencing: 19th June, 10th July	Week 3 Week Commencing: 5th June, 26th June, 17th July
	Monday	**Monday**	**Monday**
Main	Oven Baked Sausages	Breaded Chicken Steak	Meatballs
Main / Vegetarian	Vegetarian Sausage	Vegetable Cheese Bake	Tomato Pasta Bake
Veg	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket
Carb	Creamed Potatoes	Boiled Potatoes	Creamed Potatoes
Other	Gravy		Gravy
Dessert	Homemade Biscuit & Peach slices / Fresh Fruit	Fruit Yoghurt Pot / Fresh Fruit	Jam Split & Fruit Wedge / Fresh Fruit
Halal	Halal Sausage	Breaded Chicken Steak	Halal Meatballs
Gluten/ Dairy Free	Gluten & DF Sausage	Chicken Steak	GF DF Meatballs
	Tuesday	**Tuesday**	**Tuesday**
Main	Chicken Curry	Pasta Bolognaise	Chicken Curry
Main/ Vegetarian	Cheese & Tomato Pizza	Omelette	Margherita Pizza
Veg	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket
Carb	Rice / Oven Baked Potato Wedges	Creamed Potato / Pasta	Rice / Oven Baked Potato Wedges
Other			
Dessert	Fruit Yoghurt Pot / Fresh Fruit	Jelly & Mandarins / Fresh Fruit	Fruit Yoghurt Pot / Fresh Fruit
Halal	Chicken Curry	Halal Pasta Bolognaise	Chicken Curry
Gluten/ Dairy Free	GF DF Chicken Curry	GF DF Pasta	GF DF Chicken Curry
	Wednesday	**Wednesday**	**Wednesday**
Main Vegetarian	Cheesy Beany Jacket	Cheese & Tomato Pizza	Cheese & Tomato Calzone
Main	Breaded Chicken Steak	Chicken Curry	Breaded Chicken Steak
Veg	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket
Carb	Jacket Potato	Rice / Oven Baked Potato Wedges	Boiled Potatoes
Other			
Dessert	Fruit Muffin / Fresh Fruit	Fruit Muffin / Fresh Fruit	Jelly and Mandarins / Fresh Fruit
Halal	Breaded Chicken Steak	Chicken Curry	Breaded Chicken Steak
Gluten/ Dairy Free	Jacket Potato & Beans	GF DF Chicken Curry	Chicken Steak
	Thursday	**Thursday**	**Thursday**
Main	Baked Ham	Roast Pork	Roast Turkey
Main/ Vegetarian	Tomato Pasta Bake	Pasta Napolitana	Macaroni Cheese
Veg	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket
Carb	Oven Baked Roast Potatoes / Pasta	Oven Baked Roast Potatoes /Pasta	Oven Baked Roast Potatoes / Pasta
Other	Gravy	Gravy	Gravy
Dessert	Cocoa Crispy Bar / Fresh Fruit	Cookie / Fresh Fruit	Chocolate Cookie / Fresh Fruit
Halal	Roast Chicken	Roast Chicken	Roast Chicken
Gluten/ Dairy Free	Baked Ham	Roast Pork	Roast Turkey
	Friday	**Friday**	**Friday**
Main	Baked Fish	Fish Fingers	Baked Fish
Main/ Vegetarian	Cheese Wrap	Cheese Wrap	Cheese Wrap
Veg	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket	Vegetables of the day Salad / Bread Basket
Carb	Chipped Potatoes / Pasta	Chipped Potatoes / Pasta	Chipped Potatoes / Pasta
Other			
Dessert	Jam Split & Fruit Wedge / Fresh Fruit	Welsh Cake & Fruit Wedge / Fresh Fruit	Fruit Muffin / Fresh Fruit
Halal	Fish Fillet	Fish Fingers	Fish Fillet
Gluten/ Dairy Free	GF DF Fish Fingers	GF DF Fish Fingers	GF DF Fish Fingers

*Note *Occasionally due to circumstances beyond our control it may be necessary to change or replace some menu items or ingredier
*Baked Salmon option is available every Friday as an alternative to Baked Fish